Filey Junior School

Widening horizons and reaching our potential. Respecting the world and each other. A happy, healthy and positive learning community.

Relationships and Sex Education Policy

Last parent consultation: November 2023

Date this version of policy adopted by Governing Body: April 2024

Date this version of policy reviewed by Governing Body: March 2026

Next review: March 2027

Signed Headteacher: Michael Taylor

Signed Chair of Governors: C Deighton

Aims

At Filey Junior School, we believe that PSHE & RSE, help give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives, in order to become informed and responsible citizens. The work we do in PSHE and RSE reflects our school's vision of 'respecting our world and each other' and provides children with the learning that will enable them to develop 'happy, healthy and positive' relationships, free from prejudice or abuse.

All primary schools are required to teach RSE (Relationships and Health Education) and we will do this through PSHE which is embedded through other curriculum areas and school life. We believe RSE in our school, plays an important part in children's life-long learning and provides them with essential knowledge and life skills.

Relationships Education at Filey Junior is designed to help children recognise and have positive, safe relationships, both in and out of school with friends and family, both on and offline and with both peers & adults. It is designed to build self-esteem and personal identity whilst providing children with strategies to keep themselves safe, happy and respectful.

Sex Education falls outside of statutory Science and Health education. At Filey Junior School Sex Education is delivered to children in Year 6 through the PSHE Association and Operation Ouch materials. These sessions explain: how babies are made; sexual intercourse in an age-appropriate way; how conception occurs; pregnancy and birth. At Filey Junior, we will provide children with a safe space to ask the questions they may have.

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Parents will be contacted prior to these lessons and will be invited to view samples of teaching materials. Parents have the right to withdraw their child from sex education (in Year 6), which is additional to the statutory curriculum.

Health Education at Filey Junior will help children to make good decisions about their physical, mental and emotional health and well-being, including risk management and how to access support for themselves or others as well as building self-esteem and resilience. Health education also covers: internet safety and harm, mental well-being, healthy eating, drugs, alcohol and tobacco, First Aid and hygiene.

For more information about statutory RSE, please read the government guide Understanding Relationships and Health Education in your child's primary school: a guide for parents.

Teaching RSE

RSE is predominantly taught within the PSHE & Science curriculum. Biological aspects of sex education are taught within Science and will be taught by curriculum teachers. PSHE is taught through 5 whole school themes.

Healthy lifestyle	Healthy relationships	Keeping myself safe	Becoming active citizens	Me and my future

The RSE curriculum will be monitored and evaluated by Governors, SLT and Subject Lead through work in books, PSHE evidence book, learning walks, pupil voice and discussion with staff delivering this area of the curriculum.

SEN

The RSE curriculum is important for all children, including vulnerable learners and those on the SEN register. Careful consideration will be given by teachers to make reasonable and appropriate adjustments in order to meet the needs and stages of development of all their students.

Safeguarding

All pupils will follow a planned curriculum about consent including secrets and surprises, appropriate and inappropriate touch and consent and the law. Y3 and Y4 will use the NSPCC PANTs materials, and the school will include the NSPCC Speak Out Stay Safe session for all pupils.

Links to other policies

Child-on-child abuse policy

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Mental Health and wellbeing policy

The policy will be reviewed annually.